# Your Student has Autism - now what?

# Connect with your student

- Find out what your students like and use it!
- Use reinforcement—the result of a behavior that makes the behavior more likely to reoccur in the future
- Make it worth it for your student to participate
- Be fun

### Structure the lesson

- Create a routine—but be flexible!
- Include structured student choice
- 45 minute lesson
  - · Parent Check-in
  - Short, fun activity to do together
  - · Reward check-in
  - Scales/Technique
  - Song Assignments—sometimes allow choice in order
  - Theory book or activity
  - Reward (iPad games or improvisation)

# Get your student to focus

- Demonstrate what you want them to do
- Break it down
- Switch it up
- Student choice
- Use rewards
- Use teaching aids

### Resources

Autism—autismspeaks.org
Teaching aids—teacherspayteachers.com
iPad apps—colorinmypiano.com/music-apps

# Motivate your student to practice

- Set achievable goals
- · Give a detailed assignment
- Use a Practice Log
- Reward your student!

# Train your student's parents

- New student interview
- Meet separately with parents
- Formulate a team plan
  - Lesson structure
  - Reward system
  - Parent present for lesson?
  - Practicing at home

### **Reward ideas**

- iPad games
  - Composition & creativity— Music4Kids
  - Scales, interval training, & chords— Tenuto
  - Note names—Flashnote Derby
  - Rhythm—Rhythm Swing
  - Sight reading—PianoMaestro
- Improvisation
- Rhythm instruments

### What is ABA?

Applied Behavior Analysis (ABA) is the use of the principles of learning theory to bring about meaningful change in behavior. ABA therapy is well-known as an effective and empirically-validated treatment for Autism, backed by decades of research and practice.

The principles of Applied Behavior Analysis can be used with everyone—it's just a way to think about learning and behavior!

# **Teaching Aids**

#### **Timer**

Use a timer to smoothly transition from one activity to another. We recommend using a visual timer (like on an iPad).



# Guided access (iOS)

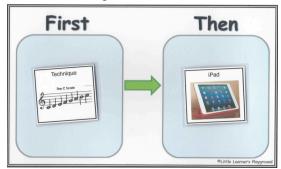
This keeps the iPad in a single app and allows you to control which features are available in the app.



### First/Then Board

A visual representation of the task followed by the reward

"First you'll play your scale, then we'll play a music game on the iPad!"



### **Goal Posts**

Sticky note tabs used to visually break down the piece of music into short sections. The student plays just what is between the goal posts.

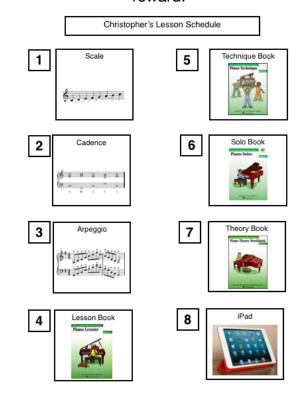
### **Token Board**

A way to visually track progress to the reward without needing to complete specific tasks



## **Visual Schedule**

A visual representation of the order of the lesson; a way to track progress to the reward.



### **Behavior Contract**

A document that sets the behavior expectations for the student, teacher, and parent and the rewards for meeting these expectations.