

MTNA Conference 2018

Getting to the Heart of the Matter

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Galvanizing Performance: The Alexander Technique as a Catalyst for Excellence

Debi Adams, contributing author; Cathy Madden and Kathleen Juhl, editors

The Alexander Technique for Musicians, Peter Buckoke and Judith Kleinman
Methuen Drama (January , 2014) **ISBN-10:** 1408174588; **ISBN-13:** 978-1408174586

The Actor's Secret, Betsy Polatin
<http://www.theactorssecretbook.com>

The Rounder We Go the Stucker We Get, David Gorman
<http://www.learningmethods.com/the-rounder-we-go.htm>

Books by Peter Levine:
Waking the Tiger: Healing Trauma
In an Unspoken Voice

Summer Retreats:
Boston Conservatory Summer Intensive, June 2018
<http://www.bostonconservatory.edu/alexander>

In the Company of Support, Essex.MA, August 2018
<http://www.easeofbeingretreat.com>