

# A Multisensory Approach to Memorization

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## A “Toolkit” for Memorization:

Aural Memory

Kinesthetic Memory

Visual Memory

Analytical Memory (micro-level and macro-level)

## Why Compartmentalize Memory?

Multiple systems of memory (“multiple shelves”) ensure security (Dirksen)

“Chunking” of information into small units to aid encoding of memory (Miller)

“Multiple Intelligences,” varied aptitudes (Gardner)

Self-regulation: “learning to learn” (Knowles)

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